

# What to expect when I visit:

First you will be shown into the minister's office. After some initial introductions, these are the questions that I'll probably ask.

**Context:** What is going on in your life? What is concerning you most? There is no doubt that God loves to be involved in what matters most in our lives. So, try to recall what is happening in your life, because there is a high possibility your dream is connected to that situation.

**Pray:** The Spirit of God is the only one who gives meaning and interpretation to our dreams. I will ask for God's Spirit to assist us in giving understanding as to your dream's meaning.

**Describe the dream:** I'll ask you to describe the dream and either record your voice or ask you to write it out. How you describe your dream is important because you will naturally remember the most important parts. I'll be listening for the emotions, actions and symbols which feature strongly.

**Overall theme:** Often, prior to specific details coming clear, the overall theme of the dream will become apparent. If the interpretation is not clear by the end of the session, I will seek God's guidance and contact you shortly after.



## Important Disclaimer!

Reverend Melinda McMahon is an ordained minister with the Anglican Diocese of Newcastle. The provision of dream interpretation assistance is a personal ministry. Please keep in mind, while every effort is made to assist you to understand the meaning of your dream, it is only through revelation by the Spirit of God that interpretation is secured. Please be patient, as it may take time for the understanding to come. I look forward to journeying with you as you seek to find answers to your faith questions.

## What do my dreams mean?

Dreams really do get our attention! But that doesn't mean we easily understand the strange images that float around in our mind at night.

Do you need help to understand the language God uses to speak to you through your dreams?

**Monday to Thursday  
9 am to 1 pm  
31 Newcastle Street, Morisset**





## God uses an opportune time

The night hours are a marvellous time for God to get our attention. Our bodies are still, our emotions quiet, and our minds begin to process all that has occurred during our day.

But when we wake at dawn the strange symbolic pictures that filled our mind are often perplexing to understand. What did that dream mean? Do take it literally? Am I being told about a future event? Is the dream for me, or the people I saw?

Although we are all familiar with the notion of dreaming, what many people do not realise is that God speaks to us through our dreams.

But God uses a unique language in which to speak to you. In fact, the images that fill your mind are usually exploding with meaning, that you and you alone understand. But that does not mean we can't get some help!

## How God speaks through our dreams:

Dreams, as common as they are to all of us, are nonetheless very often overlooked, ignored or dismissed as a curious result of the doubt-cheese pizza the night before. Sometimes, as in the case of recurring nightmares, they can be feared or even hated.

But the Bible has much to say about dreams and visions. For instance it says,

*For God speaks again and again though people do not recognise it. He speaks in dreams, in visions of the night, when deep sleep falls on people as they lie in their beds. He whispers in their ears and terrifies them with warnings. He makes them turn from wrong doing; and keeps them from pride.*

Job 33:14-17

**“A dream is like a snapshot of something you can relate to in picture form.” Jim Goll**

## The structure used to understand your dream:

Here is a short summary of the structure I take as I endeavour to assist you to understand your dream:

**Context:** What is going on in your world? It is true that dreams reflect the concerns and considerations of our daily lives. If there is a specific situation that is burdening your mind, it is highly probable that your dream directly relates to this situation.

**Key actions:** What were you doing in your dream? What was the key action? Were you riding, driving, flying or running?

**Key emotions:** How do you remember feeling in your dream? Was one emotion more dominant than all others?

**Key symbol:** What was the key picture or character that seemed to stand out? Was it an animal, a number, a scene – and what does that symbol mean to you?

**Never forget, you are the best interpreter of your dream – your symbols are unique to you!**

